

HIGH FIVE CLUB

CHANGING LIVES, £5 AT A TIME

School Breakfast Club, Zambia



The High Five Club is pleased to be continuing its support in 2015 of its "Breakfast Club" at Malimba Basic School in Zambia, providing all pupils with a nutritious porridge at the start of each school day.

Malimba Basic School is located close to South Luangwa National Park in Zambia and provides nursery and primary school education to 408 rural children from Mnkhanya Chiefdom.

The High Five Club, 3 Willow Court, Millstrood Road, Whitstable, Kent CT5 1QL

www.highfiveclub.co.uk

Charity Reg. No. 1134901

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The idea of the High Five Club sponsored feeding programme – which now operates at this school and at Mara Riante Community School in Kenya’s Masai Mara - is simple. Full bellies mean fuller classrooms and enhanced learning. It is hard to concentrate when you are hungry. The availability of one decent meal a day for these children mean that attendance levels have soared and school enrollment numbers increased – children no longer need to miss classes to go out and search for food.



High Five Club Support:

The High Five Club has joined hands again with ECHO* at Eastbourne College to sponsor the 2015 Breakfast Club at Malimba School, providing a nutritious porridge breakfast each school day for all 408 children at the school. The cost of the ingredients for the porridge and

for the firewood to cook it totalled £2,284.79. £1,580 of this was raised by ECHO and the balance from High Five Club members. Parents from the community have volunteered on a rota basis to prepare the porridge as their contribution to this wonderful initiative.

We are very grateful to ECHO and the pupils at Eastbourne College for their on-going support of this H5C’s first ever Breakfast Club.

Eastbourne College encourage their pupils to reflect on their good fortune and consider, as an integral part of their wider education, the needs of those less fortunate than themselves. The College provides various opportunities for students to donate to charitable causes including mufti days and dedicated Charity Days. The school again this year held a charity lunch for Malimba Breakfast Club whereby pupils forfeited their usual school lunch for a bowl of soup, a roll and fruit enabling their catering department to donate the money saved towards this Breakfast Club.



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For the equivalent of just £5.60 to feed one child a nutritious breakfast each school day during 2015, this really is a life changing initiative, and one that we hope as High Fivers we can continue to support into the future.

For further information on the Breakfast Club at Malimba School contact Dr Cheryl Mvula at Cheryl@highfiveclub.co.uk

* ECHO (Eastbourne College Help Overseas) is Eastbourne College's millennium charity set up by a group of dedicated staff members to enhance the lives of others within the global community.

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