

# HIGH FIVE CLUB

CHANGING LIVES, £5 AT A TIME

## School Breakfast Club, Kenya



**The High Five Club continues its support this month of its second "Breakfast Club", this time in Kenya's wildlife-rich Masai Mara, providing pupils at Mara Riente Nursery School with a nutritious porridge at the start of each school day.**

Over the past 5 years the Maasai tribe of Mara Riente have developed the first nursery school in the area with the support of the High Five Club and one of our corporate sponsors Roffey Homes. This long-term partnership led last school year to the High Five Club launching a Breakfast Club at this school, building on the success of our first Breakfast Club at Malimba Basic School in Zambia.

This High Five Club Breakfast Club aims to improve school attendance and concentration levels of the young children attending Mara Riente Nursery School, a school located in an impoverished community where human wildlife conflict is high.

**The High Five Club, 3 Willow Court, Millstrood Road, Whitstable, Kent CT5 1QL**

**[www.highfiveclub.co.uk](http://www.highfiveclub.co.uk)**

**Charity Reg. No. 1134901**

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The availability of one decent meal a day for these children means that attendance levels have soared – children no longer miss class to go and search for food. The boost to daily nutritional levels that such a feeding programme provides, means that the basic health of the children has improved, helping them fight off the malaria that is rife in their community along with other diseases and infections. Many of these youngsters have been HIV positive since birth.

Cheryl visited the school back in December and the teachers reported that since the Breakfast Club started, attendance levels have risen to almost 100% and many more Maasai are enrolling their children in school!

## High Five Club Support:

The High Five Club has joined hands with 3 women (Jody, Leigh and Jeanne) from the USA who visited this school whilst on safari in Kenya and felt moved to reach out and provide a hand up to the children.

In the 2014/15 school year we together pledged £1,151.23 to feed 175 children at this school - £66.73 from monthly membership fees and £1,084.50 from Jody, Leigh and Jeanne. For the 2015/16 school year we have pledged £1,641.74 to feed all 250 children at the school - £484.94 from High Five Club members and £ 1,156.80 from the same 3 ladies.



Volunteers from the community cook and serve the porridge each day for the children, meaning that this initiative is being delivered in true partnership with the community.

**It takes just £6.57 to feed each child at the school for a year. This life changing initiative is one High Five hopes to be in a position to continue into the future and to also be able to extend to other schools we partner in wildlife areas of Africa.**

For further information on the Breakfast Club Initiative contact Dr Cheryl Mvula at [Cheryl@highfiveclub.co.uk](mailto:Cheryl@highfiveclub.co.uk)

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