

HIGH FIVE CLUB

changing lives, £5 at a time

Clean Water Provision, Zambia



1 in 8
PEOPLE
drink water
that could kill

Water is essential for life, but one in eight people in the world do not have access to safe drinking water. Across much of the developing world, unclean water is an immensely greater threat to human security than violent conflict. Sadly, children's vulnerability makes them the greatest bearers of this tragedy. Each year an estimated 2.2 million children die from diarrhea and 443 million school days are lost to water-related illnesses. Most notably this crisis could be prevented by the provision of three fundamental foundations of human progress: delivering clean water, removing waste water and providing sanitation.

In rural settings it is traditionally women and young girls who bear the responsibility of obtaining their family's water supply. In Sub-Saharan Africa, 68% of the rural population spends more than



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1 hour per trip on water collection. That means valuable time, sometimes upwards of 3 hours a day, is lost collecting insufficient, contaminated water. Ultimately, a woman's opportunity in education or small business ventures are entirely inhibited with this strenuous work.

As one of the poorest countries in Africa, Zambians suffer more than most in not having access to safe, clean drinking water. Towards the end of 2011, following discussions between High Five Club Founders Manny and Cheryl Mvula and elders in their home Chiefdom of Mnkhanya, the High Five Club kick-started its first ever water project.

High Five Club Support:

In 2011 we joined hands to sink two hand-dug wells in rural Zambia, bringing safe, clean drinking water to 1,000 villagers bordering the wildlife-rich South Luangwa National Park.

During the last few months of 2012 we have expanded our reach within this community still further, sinking another 5 wells in Matula, Kumbukila, Kabwalya, Chiwawatala and Katemo villages.



Our collective support of £3,131.76 has funded the labour costs of digging and constructing the 5 new wells, along with the cement, brickforce wire and winding systems. The community, in line with our 'hand up' self-help approach, hand-made the bricks themselves, along with collecting the sand from a neighbouring dry river bed.

High Five's 7 wells are now providing safe, clean drinking water for 3,500 villagers living besides South Luangwa National Park, much to the great joy of the people there. At a cost of

just £1.25 per villager, this is an amazing investment and will no doubt not only change lives, but save lives into the future.

A water committee has been set up for each to ensure that the community takes ownership for keeping the wells uncontaminated and in a good state of repair. *We will keep you updated as your contributions to the High Five Club enable more wells to be built in this rural community.*

For more information contact Cheryl@highfiveclub.co.uk